

Still And Still Moving*

In Retreats/Teaching, Companioning Others and Your Life's Web



Description: How can you practice “stillness in motion” in tattered threads of your life’s web? Learn ways to open to surprise—with silent times, film clips, music, writing, gestures, and reading. Examples: pause with another to convert your insight into a question?; invite “silent applause” in groups; use “examen” in the shower to discern a centering word/image—then expect still points on the go; enter your “portable monastery” at the computer. As you weave life’s web with “still spaces,” experience interactive contemplative moments while moving still.

*T.S. Eliot phrase .



Leader: DR. KENT IRA GROFF, Founding Mentor of Oasis Ministries, lives in Denver, CO. Here Kent harvests his life as a companion for other journeyers; a retreat leader/teacher in prisons, seminaries and conferences in the U.S. and abroad; and a writer poet. He’s author of ten books, including *Honest to God Prayer*, *What Would I Believe If I Didn’t Believe Anything?* and *Writing Tides*—and soon *Washing Machine Stories: Seeds in Soiled Stuff*. He also enjoys photography, woodworking, arting and cooking.

Date: Friay, June 15, 2018

Time: 9:30am-3:30pm

Where: Christ Presbyterian Church 421 Deerfield Road, Camp Hill, PA 17011

Retreat Fee: \$60- \$85 (as you are able) Please bring a bag lunch, drinks will be provided.



Ministries for Spiritual Development
Drawing from the depths of spirit
Contemplatively
Actively

Oasis Ministries for Spiritual Development

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